

Retningslinjer for brug af forskningslaboratorier

Generelt

- Medarbejderne må ikke møde på arbejde, hvis de føler sig syge og/eller har milde symptomer på at være smittet med COVID-19. De skal i så fald blive hjemme indtil 48 timer efter, at symptomerne er forsvundet.
- For medarbejdere, der tilhører en særlig risikogruppe, laver ledelsen i dialog med den enkelte en konkret vurdering af, hvorledes medarbejderen skal forholde sig.
- Ved ankomst til arbejdspladsen skal man vaske eller afspritte hænder.

I laboratoriet

- Sundhedsstyrelsens anbefaling om, at der minimum er 1 meters afstand mellem personer i det offentlige rum, skal følges.
- I situationer, hvor der kan være øget risiko for dråbesmitte, eller hvor et forsigtighedsprincip til siger et særligt hensyn, skal der holdes mindst 2 meters afstand.
- Der anvendes værnemidler efter instituttets anvisninger, hvis forskning medfører et behov for mindre fysisk afstand, end det der anbefales af sundhedsmyndighederne.
- Brug af handsker i henhold til god laboratoriepraksis.
- Ved afslutning af alle arbejds-sessioner skal medarbejderen desinficere overflader, herunder også kontakter, håndtag, tastaturer, udstyr med videre.

Rules for using research labs

General

- Employees who feel ill and/or have mild symptoms of coronavirus infection must remain at home. Employees who have coronavirus symptoms should remain at home until they have been without symptoms for 48 hours.
- Employees in a high-risk group should discuss what to do with their management, who will make a concrete assessment.
- When arriving at the workplace, employees must wash or disinfect their hands.

In the lab

- The Danish Health Authority's instructions that a minimum distance of one metre must be maintained between people in public spaces must be followed.
- In situations in which there is increased risk of infection through respiratory droplets, or where additional precautionary measures are advisable out of an abundance of caution, employees must maintain a minimum distance of at least two metres.
- Users of labs must use PPE as instructed by their department, if they are involved in research that requires closer physical proximity than advised by the health authorities.
- Use of gloves in accordance with good laboratory practice.
- After completing work, lab users must disinfect all contact surfaces, including light switches, handles, keyboards, equipment, etc.